DHPT Digestive Health PARTNERS OF TEXAS

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SUTAB COLONOSCOPY PREPARATION

Purchase your SUTAB Bowel Preparation Kit from the Pharmacy
IF A PRESCRIPTION IS SENT IN, PLEASE PICK IT UP WITHIN 7 DAYS

1 Day before your Procedure:

Dosing Instructions: SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

Take the tablets with water
STEP 1: Open 1 bottle of 12 tablets.

STEP 2: Fill the provided container with 16 ounces of water (up to the fill line).
Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.

IMPORTANT: *If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.*

Drink additional water

STEP 3: Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4: Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

What You CAN Do

- You may have clear liquids.

What You CANNOT Do

- Do not drink milk or eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

Liquids That Are OK to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda (such as ginger ale)

No Smoking/Vaping, Chewing Gum/Candy or Chewing Tobacco on the morning of the procedure

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Day of Procedure:

- **Continue to consume only clear liquids until after the colonoscopy**
- **The morning of the colonoscopy (5 to 8 hours prior to the colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets**
- **Repeat STEP 1 to STEP 4 from DOSE 1**

IMPORTANT: You must complete all SUTAB tablets and required water at least 2 hours before colonoscopy

Please read the full Prescribing Information and Medication Guide in the kit.

YOU MUST HAVE SOMEONE TO DRIVE YOU HOME
No Uber, Lyft, Taxi or Bus !

REMEMBER: The preparation is very important. An adequate clean out allows for the best evaluation of your entire colon. During the prep, using baby wipes may ease some of your discomfort.

Please call the office within 48 hours to **Cancel or Reschedule** your procedure to avoid a $100 charge. If you have any questions, please call Leslie at 469-697-5100